Longtime pals Jyl and Nick take a trip into Welles Park to escape the Rustle and bustle of the city.

Come along for the ride and learn a few fun facts about the park's 150-year history as you flex your mind and bend your brain!

Take a breath in the Observation Station, strike a pose in the Gazebo and move mindfully into the mulch of the Nature Play Space.

Nick and Jyl provide a series of suggestions on this gently guided journey that includes musical moves and natural grooves.

CAST, CREW, & CREDITS

Jacqueline Russell, Artistic Director Will Bishop, Director of Production

Written and Performed by: Nicholas Davio and Jyl Fehrenkamp

Sound Design, Music, and Mixing by: Charlie Malave



Charlie Malave aka Charlie Wednesday.

is a musician, multiinstrumentalist, performing artist, and video maker whose body of work has produced an

array of unique instruments, compositions, music videos, and theatrical productions.

He is the guitarist and current Artistic Director for Mucca Pazza (a performanceart, marching band/rock band/orchestra), and half of the Creative Weirdo team which produces Adventure Sandwich (a cartoonish cardboard-based family show). As Charlie Wednesday, he is the bandleader and cohost of Mr. and Mrs. Wednesday-Night (a mostly-improvised fever dream of music and variety).



Mr. Nick Davio

is a singer/songwriter and teaching artist from Chicago, IL. The Chicago Children's Theatre has been one of his artistic homes for 12 years as a music director and composer for the Red Kite

Project. Currently, you can find him teaching early childhood music classes at Mr. Dave Music and performing throughout Chicagoland as an ambassador of the Wiggleworms program at the Old Town School of Folk Music. You can hear his original work on all streaming platforms. Nick is a 2003 graduate of Millikin University and holds a Bachelor of Music degree in Vocal Performance.

Jyl Fehrenkamp's



(Jyldo) creative work ranges from cardboard cutout burlesque to sensual, seated aerobics. She is the lead minister of The Soft Rock Sanctuary, a Hall & Oatesinspired fellowship service,

co-created with musician Nicholas Pamela Davio. Jyldo continues to preach 'the softness' by leading intimate moving meditations, and recently launched: "Smooth Moves: Sundays with Jyldo", a movement experience designed to protect the pelvic punchbowl and nourish the soul. Jyldo was the curator of Links Hall's Poonie's Cabaret from 2005-2012 and went on to create and host Battlestar Fantastica (an-outof-this-world-variety show at the Chicago Metro. 2011-2013), and the David Bowie Variety Hour (aka The Bowie Showie) at the Chicago Museum of Contemporary Art (2014) - which celebrated the Chicago opening of the exhibit, David Bowie is. Jyl has taught yoga in Chicago for over a decade and has performed in a plethora of delightfully seedy venues around in the city. She currently serves as the Program Coordinator for the Dance Presenting Series at Columbia College Chicago.

chicago children's theatre

MAP & GUIDEBOOK



Share your adventure with us: #CCTWalkieTalkies for a chance to win a free class!



ADVENTURE PREP!

Before heading out on this exciting adventure, we recommend:

- * Listening to the podcast once before venturing out on your hike.
 - Downloading this map from chicagochildrenstheatre.org.
- \star You may want to bring a speaker or wireless headphones so that everyone can listen together!

